

CLAIMS

What is claimed is:

1. A method of treatment of a patient with a migraine headache comprising the steps of:
inserting into one of the eyes of the patient a contact lens having a color that filters out light
having a wavelength of from about 411 nanometers to about 550 nanometers; and
monitoring the patient for relief from headache symptoms.
2. The method of claim 1 wherein the lens has a rust red color.
3. The method of claim 1 wherein the lens filters out about 80% of visible spectrum light.
4. The method of claim 2 further comprising the step of inserting a second contact lens into a
second eye of the patient.
5. The method of claim 4 wherein the second lens has a dark red color.
6. The method of claim 4 wherein the second lens has a red color.
7. The method of claim 4 wherein the second lens has a rust red color.
8. A contact lens for treatment of migraine headaches, comprising:

a lens body having a color that filters out light having a wavelength of from about 411 nanometers to about 550 nanometers.

9. The lens of claim 8 wherein the lens has a red color.
10. The lens of claim 8 wherein the lens has a rust red color.
11. The lens of claim 8 wherein the lens has a dark red color.
12. The lens of claim 8 wherein the lens filters out approximately 80% of visible spectrum light.
13. A method of treatment for migraine headache comprising the steps of:
providing a pair of contact lenses that filter out approximately 80% of visible spectrum light having a wavelength of from about 411 nanometers to about 550 nanometers;
inserting at least one contact lens into an eye; and
determining whether headache symptoms have been relieved.
14. The method of claim 13 wherein the insertion step comprises inserting a contact lens into each eye.
15. The method of claim 14 wherein the lenses each have a color that is from 600 nanometers to about 700 nanometers.

16. The method of claim 15 wherein the lenses have a brownish-red color.
17. The method of claim 15 wherein the lenses have a rust red color.
18. The method of claim 15 wherein the lenses are of substantially the same color.
19. The method of claim 15 wherein the lenses have different colors.
20. The method of claim 19 wherein one of said pair of lenses is a dark red color and the other of said pair of lenses is a rust red color.